Salvatore Gencarelle

Thriving in Uncertain Times

How to Find Well-Being Now and into the Future
THE BOOK

DESCRIPTION

Pain & Solution

What is the greatest unspoken sickness of our age? What mysterious ailment is the source of so much suffering that impacts you and almost every person in the world?

The Disconnection Sickness.

Learn what the Disconnection Sickness is, how it saps your vitality, your well-being and your total fulfillment - and gain the understanding and techniques to remedy this pervasive problem!

You know at the core of your being it is your birthright to live in a life of health and happiness - to grow into the most fulfilled version of yourself. You are here now to experience the deepest joys, the fullest connection and love, and the awe and beauty of life. So what is stopping you?

In *Thriving in Uncertain Times, How to Find Well-Being Now and into the Future* you will learn how to break free from the inner pain that holds you back from living the fullest version of well-being - and how to find the nourishment of fulfillment.

“Our bellies are full but our spirits are starving”

- Salvatore Gencarelle

LEARN HOW . . .

The Disconnection Sickness isn't like the disease and famines of the past. There is no easy cure. No pill to take. No machine can fix this problem. This disease must be dealt with by a different approach - a new therapy which understands all aspects of the human being. A remedy which addresses the needs of the body, heart, mind and spirit. A cure which knows how to address the emptiness inside.

Learn from a guide who understands how to effectively engage with all aspects of well-being. Learn to mend relationships on all levels to reconnect to yourself, your family, your community and nature. Step onto the path of connection and fulfillment!
Presented in the pages of this book are the foundations of well-being which you can grow from - now and into the future. This isn’t just for you - it is also for your children, your nieces and nephews, your friend’s children, your grandchildren and the generations which will live long after you. By the time you finish this book you’ll understand the reason you NEED to re-connect and how to DO it!

- What is the Disconnection Sickness and why we suffer
- How to transform your life and the power of commitment
- Why connection is at the core of well-being
- How to find solutions right outside your front door
- How to establish a personal connection to the solution
- The power of deep questioning
- How to tend yourself while working to reconnect
- How we can work together into the future
- How to take attentive action towards well-being
- Exercise, rituals and steps to take now

“If you deliberately plan on being less than you are capable of being, then I warn you that you’ll be unhappy for the rest of your life”
- Abraham Maslow

“Connect to the power of your creativity and the knowledge you gain is the hope for the peaceful world”
- Salvatore Gencarelle

“The health of the land is in the balance of the people”
- Hawaiian
THE AUTHOR

Author, Entrepreneur, Coach, Speaker, Educator:

SALVATORE GENCARELLE has 30 years of mentoring and delivery of nature based therapies and wellness practices. He has expert knowledge and experience in both indigenous nature based and modern therapies. His focus is on techniques which increase well-being for individuals, families, and communities - in balance with nature. He has created a codified therapeutic method drawn from his experiences and education. Salvatore has designed and taught over sixteen courses based on this methodology and has presented these trainings and seminars in 12 countries, to over 27 different cultures.

Founder and current director of Helpers Mentoring Society, an international organization dedicated to supporting the revitalization of humanity’s relationship with our deepest purpose - in service to the future generations - so that all life thrives.

Salvatore has mentored, coached, and educated every demographic from high level CEOs, Organization Founders and Directors, parents, teachers, healers, recovering addicts, felons and homeless people. He is a sought after international speaker and has presented in 12 countries and to tens of thousands of people.

Salvatore has created multiple business/organizations including:

- Social Enterprise
- Non-profit Organization
- Profitable Corporation
- Education Organization
- Online Merchandise Store
- Multi-Media Productions Company


Salvatore has been a featured writer for several publications and produces a blog series. He has given many interviews on podcasts and is a featured presenter in a number of promotional videos.

Other experience:

- Almost 2 decades Emergency Medicine Provider, Education and Management
- Incident Command System trainer
- Elementary and High School Teacher, Tutor, Mentor
- Versed in nature survival and wilderness skills
- Artist
- Certified Physical Trainer
- Boxing team captain
- Assistant swim coach

“When you align with nature, the needs of the Earth and the future generations are given a voice”

- Salvatore Gencarelle
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